

**COURSE STRUCTURE OF P.G.DIPLOMA IN COUNSELLING PSYCHOLOGY  
PROGRAMME**

**(2019-20)**

**TOTAL CREDITS = 40 CREDITS**

<b>SEMESTER I</b>  (20)	<p><b>CORE COURSES (CC) – 4 Courses of 4 Credits each</b></p> <ul style="list-style-type: none"><li>▪ CP 10100 Concepts in Psychology</li><li>▪ CP 10200 Mental Health and Understanding Psychological Problems</li><li>▪ CP 10300 Introduction to Counselling and Other Helping Professions</li><li>▪ CP 10400 Practicum-I (Theory + Testing)</li></ul> <p><b>ABILITY/ SKILL ENHANCEMENT COURSES-2 Courses of 2 Credits</b></p> <ul style="list-style-type: none"><li>▪ CP 10500 Introduction to Counselling and Inter Personal Skills</li><li>▪ CP 10600 Self and Personal Growth</li></ul>
<b>SEMESTER II</b>  (20)	<p><b>CORE COURSES (CC) – 4 Courses of 4 Credits each</b></p> <ul style="list-style-type: none"><li>▪ CP 20100 Theoretical Approaches: Psychodynamic and Behavioural</li><li>▪ CP 20200 Theoretical Approaches: Humanistic and Existential</li><li>▪ CP 20300 Counselling for Special Groups</li><li>▪ CP 20400 Practicum-II (Testing + Field Visit/Case Studies)</li></ul> <p><b>ABILITY/ SKILL ENHANCEMENT COURSES-2 Courses of 2 Credits</b></p> <ul style="list-style-type: none"><li>▪ CP 20500 Community Mental Health</li><li>▪ CP 20600 Personality Development</li></ul>

**8 CC – (4 Credits X 8 = 32 Credits)**

**+ 2 AECC/SEC – (4 Credits x 2 = 8 Credits)**

**= 40 Credits**