

## CENTRE FOR STUDIES IN PHYSICAL EDUCATION & SPORTS DIBRUGARH UNIVERSITY: Est.-2009

Dr. Mantu Baro, Director i/c

Phone: 9954934003

email:cspesdu@dibru.ac.in

## Centre for Studies in Physical Education and Sports, Dibrugarh University organized Azadi Ka Amrit Mahatsov an Interactive Workshop on Life Skill and Motivation today on 24.05.2023.

As a part of NCTE Celebration of Azadi Ka Amrit Mahatsov a lecture was organized an Interactive Workshop on Life Skill and Motivation today on 24.05.2023 at 3.30 pm.... at CSPESDU premises. Mr. Pransu Raj Kaushik, Assistant Professor, Centre for Management Studies, Dibrugarh University delivered the talk on the theme. During the workshop a healthy fruitful and very informative discussion on various life skills, preparation for interview, personality and ways of motivation took place. All the students and faculty members of CSPESDU (140) were participated in the workshop. The session was very impressive and impactful.









Dr. Mantu Baro
Centre In-charge
Centre for Studies in Physical
Education and Sports
Dibrugarh University