



CENTRE FOR STUDIES IN PHYSICAL EDUCATION & SPORTS
DIBRUGARH UNIVERSITY: Est.-2009

Dr. Mantu Baro, Director i/c

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Annexure - III

ADMISSION NOTICE

PG DIPLOMA IN FITNESS MANAGEMENT (PGDFM) ONE YEAR (TWO SEMESTER) SESSION 2022 – 2023

Application in prescribed forms are invited for admission to the following programme in the session: 2022-23

1. PG Diploma in Fitness Management (PGDFM) ONE YEAR (TWO SEMESTER)

Eligibility:

Graduate with in any discipline from recognized university with a minimum of 50% mark in aggregate. Preference shall be given to the candidate who studied physical education as compulsory/elective subject and having participation at least in minimum Inter- District/School Competitions in Yoga/Sports and Games as recognized by the AIU/IOA/SGFI/Govt. of India.

Relaxation in the percents of marks in the qualifying examination and in the reservation of the seats for SC/ST/OBC and other categories shall be as per the rules of the Central Govt. /State Govt. whichever is applicable

Important dates

Date of Online Application process will begin from	: As per the main Notification
Last date of receiving the Online filled in Application Form	: As per the main Notification
Date of Entrance Test	: 06.09.2022
Declaration of Result of Entrance Test	: 07.09.2022
Date of Admission	: As per the main Notification
Commencement of Class	: As per University notification.

Criteria of Selection Test:

A. Written Test:	50 marks
B. Physical Fitness Test:	30 Marks
Test Items:	(5X6=30)
1. 50 mts Sprint	
2. 1000 mts Run	
3. Standing Broad Jump	
4. Standing Backward Throw (Medicine Ball)	
5. Bent Knee Sit –Ups	
6. Agility Test (Shuttle Run)	



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C. Academic performance (qualifying exams)

20 Marks

Note:

- ❖ Documents required at the time of Entrance are as follows:
 1. Hard Copy of Application form along with copy of all the Educational Testimonials need to submit and must produced Original Testimonials during verification.
 2. Sports Achievement Certificate
 3. Medical Fitness Certificate
 4. Risk Certificate (Format will be provided at the time of reporting for entrance)
- ❖ Personal Sports Kit (Proper kits is mandatory to appear in Physical Fitness and Sports skill test)

Dr. Mantu Baro

Centre In-charge

Centre for Studies in Physical

Education and Sports

Dibrugarh University