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| **Name of the Programme** | **Bachelor of Social Work** |
| **Semester** | **VI** |
| **Course Code** | **BSW- 605** |
| **Nature of Course** | **DSE** |
| **Course Title** | **SOCIAL WORK WITH ELDERLY** |
| **Credits** | **4** |
| **Marks** | **100** |

**Objective:**

* To understand the basic needs and its interrelatedness of biological, psychological and socio-cultural aspects of ageing.
* To understand the policies and programmes for the elderly.
* To understand the nature of social work intervention towards the elderly and its relevance in the contemporary social situation.

**Course Contents**

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| **Units** | **Name of the Unit** | **Contents** | **L** | **T** | **P** | **Marks** |
| **1** | **Understanding Old Age** | * Introduction to basic terms: elderly, older person, ageing, graying population * Ageing: Types & Causes of Ageing * Theories of ageing: biological/developmental, psychological, sociological | **12** | **4** | **-** | **20** |
| **2** | **Issues and Problems of Elderly population** | * Needs and problems of elderly: physical, psychological, financial, social and environmental * Changing family norms, roles, power, status and problems related to it. * Ageing- Myth and stereotyping of elderly; sexuality in ageing, retirement, death and euthanasia, bereavement. * Care giving issues: Family relationships and Intergenerational gap | **12** | **4** | **-** | **20** |
| **3** | **Policies and Programmes for Elderly** | * Rights of older persons against neglect, abuse, violence and abandonment. * National Policy for older persons 1999, National Policy for senior citizen 2011 * Social Security measures: Welfare programmes/schemes for the elderly | **12** | **4** | **-** | **20** |
| **4** | **Strategies and Social Work Interventions** | * Programme for active ageing: Managing chronic diseases, promotion of wellbeing in old age, Day care and recreational centers, support groups, * Empowering elderly: Involvement of elderly in resource building, lifestyle management, retirement plans, grief and bereavement counseling. * Role of NGOs and social workers with older people. | **12** | **4** | **-** | **20** |
| **TOTAL CONTACT HOURS** | | | **64** | | | **80** |
| **Note : End Semester Exam : 80 Marks, In Semester 20 Marks ( 10 In Semester Exam, 5 Presentation, 5 Assignment)** | | | | | | |

**Suggested readings:**

1. Bali, A.P. (ed.) 1999 Understanding Greying People of India, Inter India Publication NewDelhi.
2. Binstock, R.H., & George, L.K. 2001 Handbook of Aging and Social Science, Academic PressNew York.
3. Birren, J.E., &Schaie, K.W. (eds.), 2001 Handbook of the Psychology of Aging (5th ed.),Academic Press San Diego.
4. Hareven, T.K. Adams, K.J. (eds.) 1982 Aging and Life Course Transitions: AnInterdisciplinary Perspective, Guilford Press, New York.
5. Ramamurthi, P.V., Jamuna, D. (eds.) 2004 Handbook of Indian Gerontology, SerialPublication, New Delhi.
6. Rajan, S.I.,Mishra, U.S., Sarma, P.S. (eds.) 1999 India’s Elderly: Burden or Challenge,Sage Publications, New Delhi.
7. Marshall, M. 1983 Social Work with Old People, The Macmillan Press Ltd.
8. Cox, E.O.,Kelchner, E.S., & Chapin, R.K. 2002 Gerontological Social Work Practice:Issues, Challenges and Potential, Haworth Social Work
9. Krishnan, P., &Mahadevan, K. (eds.) 1992 The Elderly Population in Developed andDeveloping World: Policies, Problems and Perspectives, B.R. Publishing Corporation, Delhi.
10. Dhillon, P.K. 1992 Psychosocial Aspects of Ageing in India, Concept Publishing Company,New Delhi.
11. Sears, J.T. 2009 Growing older,Routledge, Tylor& Francis Group, USA
12. Rabbitt, P. 2009 Psychology of aging, Psychology press, Tylor& Francis Group, USA
13. Atchley, R. 1997 Social forces and aging: an introduction to social gerontology, 8thed.,Walsworth Publishing Co., Belmont
14. Hooyman, N.R. &Kiyak, H.A. 2001 Social gerontology: a multidisciplinary perspective, 6thed.,Allyn& Bacon, Inc,