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| **Name of the Programme** | **Bachelor of Social Work** |
| **Semester** | **I** |
| **Course Code** | **BSW-105** |
| **Nature of Course** | **AECC** |
| **Course Title** | **Human Behaviour And Social Work** |
| **Credits** | **2** |
| **Marks** | **100** |

**Objectives:**

* Understand the nature and development of human behaviour in socio-cultural context.
* Develop a critical understanding of the theories of human behaviour and personality.
* Learn to apply the concepts and theories in social work practice.

**Course Contents**

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| **Units** | **Name of the Unit** | **Contents** | **L** | **T** | **P** | **Marks** |
| **1** | **Understanding Human Behaviour** | * + Human Behaviour: Definition, Types and nature   + Factors affecting Human Behaviour   + Concepts of Human Growth & Development   + Principles and Patterns of Human Growth & Development | **06** | **02** | **-** | **20** |
| **2** | **Human Growth & Life Span Stages** | * + Understanding Man & Woman   + Life Span Stages: Prenatal Periods & Post natal Period   + Stages of Life Span Development | **06** | **02** | **-** | **20** |
| **3** | **Basic Psychological Process** | * + Learning: Principles and its applications   + Motivation: Definition, Types & Functions   + Frustration and conflict: Definition & Coping Mechanism   + Perception   + Emotion & Stress   + Memory | **06** | **02** | **-** | **20** |
| **4** | **Personality development** | * + Concepts of personality: Definition, Nature, Characteristics & types of Personality   + Determinants of personality: Role of hereditary and environment in Personality development   + Factors affecting Personality Development | **06** | **02** | **-** | **20** |
| **TOTAL CONTACT HOURS** | | | **32** | | | **80** |
| **Note : End Semester Exam : 80 Marks, In Semester 20 Marks ( 10 In Semester Exam, 5 Presentation, 5 Assignment)** | | | | | | |

**Suggested readings**:

1. Barbara Rogoff 2003:The Cultural nature of Human Development, New York, Oxford University Press.
2. Bcoket, Chris (2002): Human Growth and Development: A Psycho-social Introduction, Sage, London.
3. Brown, B. B., Larson, R. W., &Saraswathi, T. S. (Eds.). (2002). *The world's youth. Adolescence in eight regions of the globe.* Cambridge, UK: Cambridge University Press.
4. Chowdhary, Richa (2006) “ManovigyanTathaManovagyanikPrakriyaen” New Delhi, Radha Publication.
5. Chowdhary, Richa (2010) “VikasatmakManovigyan” New Delhi, NamanPrakashan
6. Cicarrlli, S.K. and Meyer, G.E. (2006): Psychology, Pearson Publications.
7. Dowling Marion (2005): Young Childre’s Personal, Social and Emotional Development, Second Edition, Sage, London.
8. Elizabeth B. Hurlock (1976): Personality Development, New Delhi, Tata McGraw Hill Publishing Co. Ltd**.**
9. Gielen, U. P., &Roopnarine, J. L. (Eds.). (2004). *Childhood and adolescence: Cross-cultural perspectives and applications.* Westport, CT: Praeger.
10. Hall and Lindzey (2009): Theories of Personality. New York, John Wiley and Sons.
11. Hurlock, B. Elizabeth (1981): Developmental Psychology: A Lifespan Approach, Tata McGraw Hill, publishing company Ltd.( Chapter III to VIII)
12. Ingleby, Ewen (2010): Applied Psychology for Social Work, Sage Publication.
13. Morgan and King (1993): Introduction to Psychology, New Delhi, Tata McGraw Hill, Publishing Company Ltd.
14. Wayne Weiten( 2013) 9th Edition: Psychology: Themes and Variations Briefer Version, Belmont, CA, Wadsworth /Cengage Learning.